



柔術

HARTFORD DOJO

STREET APPLICABILITY • ENERGY EFFICIENCY • NATURAL BODY MOVEMENTS



SCHEDULE

CLASS SCHEDULE

PROGRAM	DAY	TIME
GRACIE COMBATIVES	THURSDAYS	8:30 PM
GRACIE COMBATIVES	SUNDAYS	10:30 AM
REFLEX DEVELOPMENT	SUNDAYS	11:30 AM
MASTER CYCLE	TUESDAYS	8:30 PM
MASTER CYCLE	THURSDAYS	10:00 AM
BULLYPROOF	SUNDAYS	9:30 AM

Monthly Dues: \$70

Private lessons(Blue Belt Test with video upload) \$50 per hour.

For more information, please contact Rick Torres:

phone: **(860) 953-8668** | e-mail: **hartforddojogoju@yahoo.com**